

# SEARCHING FOR...

*escape*

# DISCUSSION QUESTIONS

## Opening Question

What are some ways you typically try to "escape" or unwind from the stresses of daily life?

## Key Takeaways

- 1.) Many of us are searching for an escape from the pressures and stresses of life.
- 2.) Jesus offers us a gift of peace that the world cannot give (John 14:27).
- 3.) True peace comes from surrendering to God daily, not just a one-time decision.
- 4.) Following Jesus is rewarding but can also be challenging.
- 5.) What we perceive as mountaintops may actually be plateaus God wants to lead us beyond.

## Discussion Questions

- 1.) PZ mentioned feeling overwhelmed by the constant demands of ministry. How do you relate to that feeling in your own life and responsibilities?
- 2.) Why do you think we often seek escape in temporary distractions rather than turning to God for peace?
- 3.) The sermon highlighted John 14:27. How does Jesus' promise of peace differ from the world's version of peace or escape?
- 4.) Discuss the concept of God's peace "binding" or wrapping around our brokenness. How have you experienced this in your life?
- 5.) PZ said following Jesus is both rewarding and difficult. Share an example from your own faith journey that illustrates this.
- 6.) How can we discern between resting in God's peace versus settling for a "plateau" that falls short of God's best for us?

# SEARCHING FOR...

*escape*

# DISCUSSION QUESTIONS

## Practical Applications

- 1.) This week, when you feel stressed or overwhelmed, practice turning to prayer before reaching for your usual "escape" methods.
- 2.) Memorize John 14:27 and reflect on it daily.
- 3.) Identify one area of your life where you may be settling for a "plateau" instead of allowing God to lead you higher. What step can you take to surrender that area to God?
- 4.) Set aside 10-15 minutes each day for quiet reflection, asking God to reveal His peace in your current circumstances.
- 5.) Share with a partner from the group how you plan to practically seek God's peace this week, and check in with each other for accountability.

## Closing Prayer

Close the session by praying for each group member to experience God's binding peace in their areas of stress and to have the courage to follow where He leads, even when it's challenging.