

PSALM 92

Discussion Questions

Key Takeaways

- 1.) The Sabbath is a time to reposition God at the center of our lives.
- 2.) Praise is not just singing, but a posture of worship and remembrance.
- 3.) Spiritual growth requires three elements: sunlight (God's Word), rainfall (trials), and healthy soil (community and practice).

Discussion Questions

- 1.) The sermon emphasizes the importance of praise in all circumstances. How do you find it challenging to praise God during difficult times? Share an experience where praising God helped you through a tough situation.
- 2.) PZ mentioned that "our struggle sometimes becomes the center of our faith." Have you ever found yourself in this situation? How can we maintain focus on God rather than our problems?
- 3.) Discuss the three elements of spiritual growth mentioned in the sermon (sunlight, rainfall, healthy soil). Which of these do you feel you need to work on most in your spiritual life?
- 4.) How does being part of a faith community help you grow spiritually? Share an example of how others have supported you in your faith journey.
- 5.) The sermon talks about the importance of remembering what God has done. What are some ways we can actively practice remembering God's faithfulness in our lives?

PSALM 92

Discussion Questions

Practical Applications

- 1.) Daily Light: Commit to spending time in God's Word daily this week. Consider using the pastor's daily devotional as a starting point if needed.
- 2.) Praise Journal: Start a praise journal where you write down things you're thankful for each day, even (and especially) during challenging times.
- 3.) Community Connection: If you're not already involved, choose one way to connect more deeply with your church community this week (e.g., joining a ministry team, attending a small group, or reaching out to a fellow church member).
- 4.) Testimony Sharing: Practice sharing a brief testimony of God's faithfulness in your life with someone this week.
- 5.) Sabbath Practice: Intentionally set aside time this week for rest and refocusing on God. Reflect on how this impacts your spiritual well-being.