

PSALM 91

Discussion Questions

Key Takeaways

- 1.) God is always ready to respond to our troubles, even when we can't see or feel His presence.
- 2.) We can find comfort and confidence in knowing that God rescues, protects, and provides for His children.
- 3.) Trying to solve our problems with our own limited abilities often leads to more struggles. We need to surrender our needs to God and seek His perspective.
- 4.) God is not disappointed in us when we make mistakes; He is ready to help us clean up our messes and guide us back to the right path.
- 5.) Resting in God's presence means dwelling in His shadow and finding refuge in Him, trusting that He will sustain us through every challenge.

Discussion Questions

- 1.) Share a time in your life when you faced a difficult season or struggle. How did you respond in that situation?
- 2.) The sermon mentions that God rescues, protects, and provides. Which of these aspects of God's character do you find most comforting, and why?
- 3.) PZ talked about how we often try to meet spiritual needs with physical solutions. Can you think of an example in your life where you tried to solve a problem on your own instead of turning to God first?
- 4.) How can we cultivate a deeper trust in God, especially during challenging times?
- 5.) The sermon emphasizes the importance of resting in God's shadow and presence. What practical steps can we take to create space for rest and dwelling in God's presence?

Practical Applications

- 1.) Set aside dedicated time each day to pray and rest in God's presence, even if it's just for a few minutes.
- 2.) When faced with a problem or difficult decision, commit to praying about it first before attempting to solve it on your own.
- 3.) Create a list of Bible verses that remind you of God's love, protection, and provision. Refer to this list when you feel overwhelmed or discouraged.
- 4.) Share your struggles and prayer requests with your small group members, and commit to praying for and supporting one another.
- 5.) Look for opportunities to extend grace and compassion to others who may be facing difficult seasons, just as God extends grace and compassion to us.

Closing Prayer

Dear Heavenly Father, thank You for being our rescuer, protector, and provider. Help us to trust in You more deeply and to find rest in Your presence, even in the midst of life's storms. Give us the wisdom to seek Your perspective and solutions when we face challenges, and remind us that You are always ready to help us clean up our messes. May we extend the same grace and love to others that You so freely give to us.

In Jesus' name, Amen.