

Discussion Questions

- 1. How can we keep our focus on God and His victories in our lives, even when facing opposition or challenges like Elijah did with Jezebel?
- 2. In what ways do we sometimes mistake God's whispers or silence for inactivity or absence, and how can we learn to better discern His still, small voice?
- 3. Why do you think it's often in the valleys and low points of life, rather than the mountaintop moments, where we experience the most growth and intimacy with God?
- 4. When you find yourself worn out, overwhelmed or at the end of your rope, where or what do you tend to run to for comfort or escape instead of turning to God?
- 5. How can we cultivate a heart posture of waiting on the Lord and resting in Him, rather than constantly striving and trying to 'jumpstart' our own spiritual growth?
- 6. In what ways have you experienced God's care and love for you in the midst of your weaknesses, weariness, or struggles, not just despite them?
- 7. What are some practical steps we can take to 'unplug' from distractions and the 'noise' of life in order to better hear from God and experience His presence?
- 8. Why is it ultimately unfulfilling and futile to seek ultimate validation, approval, love and fulfillment in anything or anyone besides God Himself?
- 9. How have you seen God's faithfulness in providing for your needs and sustaining you, even in seasons of weariness or when you felt like giving up?
- 10. What is one key truth or lesson from Elijah's story that you feel God is highlighting to you personally, and how can you apply it to your current circumstances?